

Standard Women	WOD 1A - Mile Run		1A	WOD 1B - Stones		1B	WOD 2A - DUs		2A	WOD 2B - S2OH/T2B		2B	WOD 2C - HC's		2C	WOD 3A - KB/Burp		3A	WOD 3B	3B	Total Score	Finish
	Min	Sec	Rank	Reps	Rank	Reps	Rank	Reps	Rank	Reps	Rank	Reps	Rank	Min	Sec	Rank	Reps	Rank				
Alysa Frost	7	11	2	19	2	98	1	62	1	5	3	4	39	1	0	2	12	1st				
Lauren Rothman	7	51	3	19	2	35	3	60	2	2	5	5	6	2	6	1	18	2nd				
Melanie Lew	6	47	1	17	4	33	4	33	5	7	2	5	25	3	0	2	21	3rd				
Rita Potakh	7	52	4	25	1	8	5	56	3	4	4	5	26	4	0	2	23	4th				
Jill Sims	10	5	5	15	5	94	2	56	3	8	1	5	48	5	0	2	23	5th				